

Recipes & Inspiration







Turkey Cacciatore

Using 100% Plant Protein

Yield: 22/6 oz servings (1 Gallon)

Ingredients

11 oz #606960 Plant Protein Medium Chunks

7 oz onion, sliced

7 oz green peppers, sliced

7 oz red pepper, sliced

2 oz oil

2 tsp dry basil

2 tsp thyme

17 oz mushroom, canned

30 oz crushed tomatoes

6.25 cups water

1.2 oz garlic, chopped

2 oz tomato paste

1.5 tsp salt

1 tsp pepper

Preparation

- 1) Heat oil over medium heat; add onions, green peppers and red peppers. Sauté until soft. Add garlic and mushrooms. Sauté 2-3 more minute.
- 2) Add crushed tomato, tomato paste, and water. Bring to simmer.
- 3) Add flavored plant protein, basil, thyme, pepper, and salt.
- 4) Allow to cook on low heat for 30-45 minutes. Plant protein will hydrate, and mixture should thicken slightly.
- 5) Pan, cart, and chill or serve.

