

Recipes & Inspiration





Tuna Salad

Using a blend of Plant Protein + Tuna

Yield: 33/3 oz portions

Ingredients

- 6 oz #605718 Vegetarian Protein (Dry)
- 66.5 oz tuna (Undrained)
 - 13 oz mayo
 - 8 oz diced celery
 - 4 oz diced onions

Preparation

- 1) Open can of tuna. Do not drain.
- 2) Add dry vegetarian protein, mayo, diced celery, and onions to tuna.
- 3) Mix and serve.

