



## Pecan Pie & Apple Parfait

Yield: serves 2

\*Indicates items from National Food Group

### Ingredients

3.5 oz	<i>*8" Pecan Pie, cubed</i>
3.5 oz	spiced apple filling
1/2 cup	cinnamon vanilla yogurt
2 tbs	whipped cream

### Preparation

- 1) Cut up pecan pie into cubes into a 12-14 oz cup.
- 2) Layer the pecan pie cubes, cinnamon vanilla yogurt, and spiced apples.  
Repeat steps, then top with whipped cream.
- 3) Repeat steps, then top with whipped cream if desired..