



Loaded Masa Fries

Yield: serves 1 bowl

*Indicates items from National Food Group

Ingredients

2 each	*Waffles
8-10 each	*Polenta Cheese Sticks
4 oz	*Chicken Fajita Strips
2 oz	*Guacamole
2 oz	*Red Mole Sauce
1 oz	shredded kale or lettuce
2 T	green onion, chopped
2 T	tomatoes, diced

Preparation

- 1) Thaw guacamole and red mole under refrigeration overnight.
- 2) Fry polenta sticks at 350° F for 4-6 minutes.
- 3) In medium heat sauté pan add, chicken strips cook; 6-8 minutes until reaches 165° F.
- 4) Assembly: layer polenta sticks with chicken, kale, guacamole, red mole and garnish with green onions and tomatoes.