

Recipes & Inspiration







Chicken Salad

Using 100% Flavored Plant Protein

Yield: 125/3 oz portions

Ingredients

65 oz #90530 Plant Protein Chicken Flavored Chunks

13 oz warm water

120 oz mayo

40 oz canned diced pears (drained)

30 oz chopped onions 30 oz chopped celery

1 oz salt

Preparation

- 1) Add warm (not boiling) water to dry vegetarian soy chicken chunks.
- 2) Let the chunks hydrate, then add mayo, diced pears, diced onion, and celery to mixture.
- 3) Mix thoroughly, cool, and serve.