

Recipes & Inspiration





Avocado Fried Chicken Salad Sandwich

Yield: serves 1

*Indicates items from National Food Group

Ingredients

4 oz *Popcorn Chicken

1 each *Sandwich Thins Bread Bun

1 *Half Avocado

3 oz mayonnaise

1 tsp lemon juice

1 tsp sriracha sauce

1 T green onion, chopped

1 T cucumber, diced small1 T basil, chopped1 oz kale or spinach

tomato sliced

salt and pepper to taste

Preparation

1) Fry chicken in a 350° F fryer for 6-8 minutes until fully cooked; hold at room temperature 4-6 minutes.

2 each

- 2) In a mixing bowl, add chicken, avocado, mayonnaise, lemon juice, sriracha, green onions, cucumber and basil; mix until all ingredients are incorporated. Add salt and pepper to taste and hold for service.
- 3) Assembly: layer bun with kale, chicken salad, tomato, and top with bun.